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READY TO RIDE

The city has finally announced a starting date for the long-awaited Metro line.

metroNEWS

TALKING TRANSI



MORE COVERAGE INSIDE

- City official assures riders new lines will be safe.
- **Not out** of the woods: **New line will** operate slower as signalling system still has to be worked out.

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METRO'S SUPERCALIFRINGEILISTIC EXPERTS PANEL, PART 2Metro asked for top picks and recommendations as the festival enters its second week

MICHELLE FALK FOR METRO



Taylor Chadwick — Drama Expert

Taylor Chadwick is an established Edmonton theatre artist who has been involved in Fringe for the past seven years. He is the marketing director at Theatre Network, and the producer and host of What It Is, a theatre podcast.

1. Typhoon Judy by Guys in Disguise

"Guys in Disguise is a Fringe fixture," Chadwick said. This year, the cross-dressing comedy group is presenting a show about Judy Garland.

2. A Slow Air by Blarney Productions

This Canadian premiere stars

Sharla Matkin and George Szilagyi, who are a couple in real life, Chadwick said.

"They are really talented actors who don't get enough work, in my opinion."

3. The Unorthodox Coordinates of Razz the StarChild by The Infinity **Ensemble**

Chadwick's pick for younger audiences "is a sci-fi story for kids to learn about the universe and their place in it."

He saw it a few months ago at Next Fest and said it has "lots of heart" and a good message about how everyone can make a difference.



Fawnda Mithrush — Dance Expert

Fawnda Mithrush is a dance reviewer and critic who has reviewed Fringe shows for the past 10 years. She works as the executive director of Lit Fest and co-hosts the I Don't Get It Dance podcast.

1. For Body and Light: Bear **Dreams by Wired on Words Productions**

Wired on Words Productions came last year, but Bear Dreams is a new show.

Their performance style and their theatricality is really textural. They used water and rubber boots and a swinging light in their show last year, so I'd be very interested to see

how the Bear Dreams show materializes," she said.

by Broken Rhythms

An exploration of the seven stages of grief, that Mithrush described as "an ensemble of four dances" "that will probably be an interesting show."

"I think that one is a strong bet - they've had lots of pick of the Fringe in other places."

3. Dreamscape by Viva Dance Company

"The Viva dancers are technically great. That will probably be an entertaining show," Mithrush said.



Simon Gorsak — Comedy Expert

Simon Gorsak is an Edmonton-based standup comedian, who will be touring Eastern Canada this fall. He hosts the Underdog Comedy show on Thursdays, and has been involved with Edmonton Theatre for 17 years, getting his start as a Citadel youth actor.

1. Blackout by Grindstone Theatre

"It's being put on by some very talented sketch comedy folks in Edmonton," said Gorsak. "I'm excited to see more sketch comedy groups in Edmonton."

2. It's Love, and Other Rea-

sons to Panic by Short Girl **Productions**

Gorsak calls Elisa Benzer a very funny new playwright in the city. He said the show touches on some adult themes over the course of a female friendship, calling it "like a bromance, but with two women - a womance, if

3. Marcus Ryan: Love Me Tinder by World Laughs

"I've seen him as a standup before and he's very funny," said Gorsak, adding that this standup show sold out at every Fringe it played in Aus-



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NDP hopeful protests rejected nomination



Online posts only repeated Amnesty's stance, Ali says



A prospective NDP candidate, who was turned down by the party for his views on Israel, is promising to protest at the party's upcoming nomination meeting.
Syed Hyder Ali had hoped

to run for the party in Edmonton Wetaskiwin, but after a long period of silence the party asked him to withdraw his name earlier this

He said he refused and when he pushed to find out why the party didn't want him they pointed to Facebook posts where he said the state of Israel was guilty of war

Ali said he was only repeating what Amnesty International has said about the country's invasion of Gaza

"These comments are not because I am a Muslim. They are because I am a human rights activist," said Ali.

On his Facebook page he accused the party of being blind on the issue.

'NDP has been hijacked by pro-Israel mafia. It was New Democratic Party under leadership of Jack Layton, now it has become Non Democratic Party under leadership of Thomas Mulcair."

He said he has been an ar-

"I believe in social democracy. I believe in the leadership of Jack Layton. I am in this party because of Jack Layton," he said.

He is promising that supporters will protest the party's nomination meeting in Leduc on Aug. 17. He said Canada should be open to criticizing both sides of the conflict and not just one. "Be just. Be neutral. Be democratic."

He said he is well aware the Conservative campaign would have used his Facebook posts against him if he had been nominated as the candidate, but other parties dig into every candidates past to criticize them.

"Are they also going to throw Tom Mulcair out of a nomination race?"



Syed Hyder Ali wanted to be the candidate for the NDP in Edmonton Wetaskiwin, but was prevented from running for expressing anti-Israel sentiments on his Facebook page. RYAN TUMILTY/METRO



democracy.

Syed Hyder Ali

dent party supporter for years and doesn't believe his views on one issue should prevent him from running.

Access to legal aid at crisis point: Minister

Legal experts, politicians and Canada's top judge are saying it's increasingly difficult for low- and middle-income Canadians to get access to the

Alberta Justice Minister Kathleen Ganley, who was attending a Canadian Bar Association convention on Friday, told reporters there needs to be a review of the province's legal aid since it appears to barely be getting the job done.

We're sort of rapidly moving toward a crisis point and we need to start considering what it is we can do to solve that," Ganley said.

"It's quite clear that the service being provided under the current scheme is inadequate, so in Alberta we're just sort of barely covering people on AISH, which is the Assured Income for the Severely Handicapped."

Ganley said there are people who are above the threshold to qualify for legal aid who still can't afford lawyers of their own.

"The middle class can't afford legal services anymore. It's a significant challenge," she said.

"We can continue throwing money at the problem, but doesn't seem to be a solution that has worked thus far."

Alberta defence lawyers have been pushing for more money since six regional legal-aid offices were closed and staff laid off in Calgary, Whitecourt and Lethbridge last summer.

Ganley said a review is to be done, but it's still too early to say when it will be conducted and what the parameters will

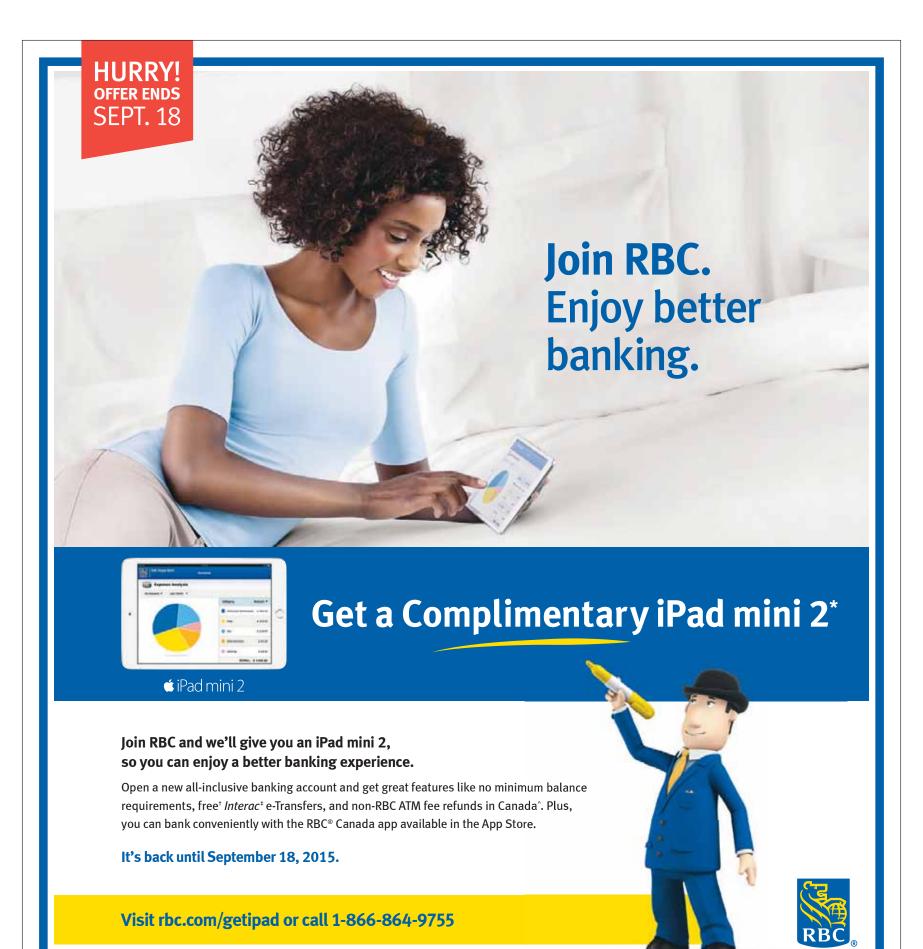
Access to legal services was also raised by the chief justice of the Supreme Court of Canada. Beverley McLachlin told convention delegates that the system is failing those in need.

"Legal-aid funding and coverage is not available for most people and problems, and the cost of legal services and length of proceedings is steadily increasing," she said.

THE CANADIAN PRESS



The Honda



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6 Monday, August 17, 2015 Edmonton Metr® NEWS



What is line-of-sight service?

Line-of-sight service involves slowing the trains to half their regular speed so LRT operators can stop the train more quickly, approximately within half of their line of sight.

Mechanical signal arms at rail crossings will still come down during the interim operations. Trains will not exceed 25 km/h and will arrive approximately every 15 minutes between Churchill Station and NAIT station.

What is "reduced" about the interim service?

Line-of-sight operation, besides reducing the speed of trains, would also reduce frequency. To improve this and maintain 15-minute intervals at each station on the line, the city is adding an extra train.

There is an unannounced cost associated with operating that, and it still doesn't completely make up for the reduced frequency, as full service would offer a sevenminute travel time from Churchill to NAIT.

How long has the line been delayed by, and will it actually open with full service?

The line is 16 months behind its original schedule, and there is still no date for a full-service opening. The line was actually fully constructed on time, but the signalling system has caused delays since then.

BRAEDEN JONES/METRO

Metro Line LRT to open in slower, reduced form

TRANSIT

Signal plan lets trains run in time for school



Braeden Jones Metro|Edmonton

Edmonton residents holding their breath for the Metro Line LRT can finally exhale. The line will open to the public on Sept. 6. The city announced Friday that the independent signal engineering consultant, Hatch Mott MacDonald, approved the implementation of a "line-of-sight" operation.

It's not a permanent plan but it is the model the city will roll out in the first week of September and use for the foreseeable future until the Thales signalling system is 100 per cent ready, safe and tested.

City transportation manager Dorian Wandzura said "the line is safe," and for the first time, I hate settling for better than nothing.

Coun. Andrew Knack

full control of when the line will open is "in the city's hands."

He also said that although this option gets the line open, service will not be at its best. Trains will be slower and less frequent, with reduced capacity. During this period, the LRT will only be about two minutes faster than taking a bus on the same route.

Coun. Andrew Knack said he's not ready to call this a victory.

"I hate settling for better than nothing," he said. "Ultimately, what we want to create is something significantly better than our existing service.... So out of respect for all people waiting for that, it's not worth celebrating yet."

Wandzura said the operat-

ing plan "provides as close to expected service as we can provide in time for school."

NAIT student-body president Justin Nand said he's glad to see the line open "in some capacity."

Other NAIT students are expressing a mix of feelings on social media.

"They are happy; a lot of them used the word 'finally," Nand said. "But they are skeptical, and after (16) months of announcements and delays, being skeptical is understandable."



The NAIT station is the last stop on the route, which will open to modified service on Sept. 6. METRO FILE

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NEWS | Edmonton

On the magic Cool Bus

MARKETING

Video hyping perks of public transit takes off online



Andrea Ross Metro | Edmonton

A promotional video with production quality straight out of a Hollywood movie trailer is upping the Edmonton Transit System's street cred.

The ETS Cool Bus video was originally launched in May but went viral over the weekend as people shared its tongue-incheek efforts to highlight the benefits of public transit.

Set to intense orchestral music, the video sees excited passengers clamber onto a bus as a booming baritone voice advertises the perks of public transit: membership privileges, personal climate control, extra leg room and a "cool" driver.

Shared on the ETS Facebook page Thursday, the post containing the video had 258,000



Originally released in May, the video went viral over the weekend. SCREENGRAB

views as of Sunday.

"It has certainly taken off," ETS spokeswoman Jennifer Laraway said. "We're not only trying to get across some tongue-in-cheek points about what it's like to take the bus ... but if we can also spark some people's interest and curiosity about taking the bus, there's actual tangible benefits citywide."

The video was first shown in select Cineplex theatres in May but really caught on this weekend, she said. ETS hired a local production company to film and produce the short film and hired their own staff and bus driver as actors. It cost \$27,000 to make a series of three videos.

ETS measures ridership trends each September, so it's too early to tell if the video's popularity will translate to increased ridership, Laraway said. But it has gotten people talking about public transit - one of

306,000

Number of people who ride the bus on an average weekday

400,000

Number of people who ride the LRT on an

936

Approximate number of buses on Edmonton's roads each day

the campaign main goals, she

"We do recognize that there are some drawbacks that people have (to taking public transit)," Laraway said. "But if we can show them the benefits of what you can get done on transit, it might tempt them to try it."

Monday, August 17, 2015

Say your piece on climate

An expert panel on climate change will weigh input from the Alberta public as it determines how the province can best tackle emissions.

The five-member panel, chaired by University of Alberta economist Andrew Leach, is embarking on consultations without any pre-set reduction targets in mind and aims to have the "architecture" of a broad policy ready for UN climate talks in Paris this December.

"Climate change is one of the most pressing issues facing our province and our world," said NDP Environment Minister Shannon Phillips. "We know we cannot afford to sit on the sidelines and wait for other jurisdictions to impose their approaches on us.'

Consultations are to take place through September. Public sessions will be held in Edmonton and Calgary, and Albertans will be able to have their say online, too. The panel will also seek input from various industries, academia, municipalities and First Nations and Métis communities. THE CANADIAN PRESS



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Making room for car-sharing

INFRASTRUCTURE

City prepares for ride-pool boom by adding parking stalls

Querengesser Metro | Edmonton

As Boston-based Zipcar peeks at the Edmonton market and as local car-share company Pogo aims to expand to 50 vehicles by fall, the city is preparing to accommodate a potential boom in car-sharing by dedicating parking stalls downtown.

'Going forward we'll be looking at designating stalls for carshare programs — not just for Pogo but other programs," said Brian Murphy, supervisor of parking management with the city.

There may be other programs wanting to come to Edmonton."

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Rumours have been circulating about Zipcar taking a look at Edmonton.

In an emailed statement, spokeswoman Lindsay Wester said the company is "continuously evaluating new locations throughout Canada.'

But though Wester refused

Whether we'll hit

this year.

Kieran Ryan

to speak about specific plans in Edmonton, she did confirm that Zipcar's model, "allows us to the 150 or not ... city, measure utilization and then grow based on demand."

Murphy said it's for these sort of potential expansions Edmonton is building the dedicated carshare parking stalls, estimating there would be between one and two stalls on every city block.

"We're looking forward to Pogo or any other car share becoming successful in Edmonton,"

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Kieran Ryan, a co-founder and CEO of Edmonton-based Pogo, had not heard the Zipcar expansion rumours, but said he's happy for others to join the market.

"The more car-shares in Edmonton, probably the better,"

Indeed, both he and Murphy

have credited the relative success of Pogo, the first and only large-scale car-share in Edmonton, as place vehicles in a we probably won't a signal to other companies the market is ready.

Pogo has expanded, but more slowly than first anticipated when

it launched less than a year ago. At launch, Ryan said he hoped to have 150 cars in the city, but as of August there are now 44 cars.

The aim, he said, is to have 50 by the end of the fall.

"Whether we'll hit the 150 or not ... we probably won't this year."



The province is pondering changes that would mandate lower-cost homes be included in any

NDP considering inclusionary zonin

Mayor says it should be a 'last resort'



Ryan **Tumilty** Metro | Edmonton

The province is giving "serious consideration" to zoning changes that would mandate affordable housing in new developments.

Finance minister Joe Ceci said Monday that the government was considering inclusionary zoning rules. That type of zoning is used in other provinces and requires developers include a certain number of affordable housing units in their developments.

The idea is to ensure affordable housing is built into every neighbourhood and that affordable units blend into communities rather than becoming sticking points.

Ceci was meeting with the Edmonton Chamber of Commerce Monday and said while businesses are concerned about coming minimum wage increases, they are also worried about the cost of housing.

"If we don't get that right you

can have as high a minimum wage as you want, if people don't have a place to live you are not addressing the situation," he said.

Shannon Greer, a spokesperson for Municipal Affairs minister Deron Bilous, confirmed the province is looking at the idea.

"We promised to expand the powers available to municipalities to allow them to mandate affordable housing in new development projects, expanding the supply," she said in an email.

But she said they didn't have a specific timetable.

Inclusionary zoning is an area we are considering. We're currently considering a timeline for the new MGA and will have more information in the coming months.'

Mayor Don Iveson said all tools should be on the table to increase access to housing, but inclusionary zoning won't fix the problem.

'That should really be a last resort, because the one challenge with that is it actually increase prices for new homeowners," he said. "It should be part of the solution not the whole solution.'

He said having developers build affordable housing is an abdication of the government's responsibility.

"All governments, particularly federal and provincial governments whose constitutionally responsibility it actually is, have to invest some general revenues and it will save them money

He said government will pay for a lack of affordable housing either by building it or through other costs.

"That is still going to be way cheaper than putting them in the remand centre, warehousing them in hospitals and having our police officers do social work," he said.

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4 killed, 15 injured in crashes

Police say four young Albertans, all under the age of 30, were killed in a devastating, multi-vehicle collision west of Jasper that injured another 15 people.

Those killed include an 18-year-old man from Carvel, a 28-year-old man from Spruce Grove, a 22-year-old woman from Peace River, and a 21-yearold man from Edmonton, according to Jasper RCMP.

Police said "initial indications" suggest an eastbound pickup truck collided with

several oncoming vehicles, including a westbound pickup truck, on Highway 16 late Friday night, near the Alberta-B.C. border.

According to the RCMP the male driver of the eastbound pickup truck was killed and the three occupants of the westbound pickup truck — two men and one woman — were also killed.

Five vehicles are believed to have been involved in the collision altogether but the cause of the crash remains under investigation and RCMP said it may take a long time to sort out exactly what happened.

Another 15 people suffered injuries the series of collisions, which shut the highway down for hours as paramedics responded to the wounded and police investigated.

"The injured parties were treated for varying degrees of injuries at area hospitals," RCMP said in a release.

Heavy rain was reported in the area at the time.

metr® NEWS | Canada | Monday, August 17, 2015

Liberal Leader Justin Trudeau, right, greets NDP Leader Thomas Mulcair during a campaign stop at the annual Pride Parade in Montreal on Sunday. GRAHAM HUGHES/THE CANADIAN PRESS

Harper's rivals keep focus on Duffy affair



Prime Minister denies parallel to sponsorship scandal

Stephen Harper called any comparison between the Mike Duffy affair and the Liberal sponsorship scandal "absurd" as the Conservative leader faced more questions on Sunday from reporters and attacks from his opponents about the senator.

The Duffy issue stayed in the election campaign spotlight after revelations emerged last week during the senator's fraud, breach of trust and bribery trial.

Harper was reminded Sunday by a reporter how he wouldn't accept claims years ago that former Liberal prime minister Jean Chrétien and then-finance minister Paul Martin knew nothing about the sponsorship scandal in the 1990s.

The Tory leader was then asked to explain the difference between that situation and the Duffy affair, which Harper has insisted he knew nothing about.

"Look, in the Liberal sponsorship scandal \$40 million of Canadian taxpayers' (money) disappeared," Harper said. "So, I think the comparison is absurd.

"This case we have a senator whose expenses, in our judgment, were not justifiable and my response was that he should pay those expenses back."

Harper's rivals sought to keep



PM Stephen Harper. SEAN KILPATRICK/THE CANADIAN PRESS

the Duffy issue alive on Sunday as the campaign entered its third week.

Liberal Leader Justin Trudeau sent an open letter to Harper, demanding explanations to alleged contradictions and inconsistencies in his statements, and those of some of his cabinet ministers.

In the letter, Trudeau also called on Harper to fire members of his team who were allegedly involved in a Duffy coverup.

"Mr. Harper continues to ignore the calls for answering questions, for explaining why he keeps these people who have been involved in part of a coverup to hide the truth from Canadians — why he continues to keep them around him, indeed, running his campaign," Trudeau told reporters in Montreal, where he attended a Pride event.

Last week, Harper said the "vast majority" of his staff were unaware of a scheme to fake Duffy's personal repayment of Senate expenses. The statement marked a shift from Harper's previous position that only one person was aware. THE CANADIAN PRESS

HOSPITALS

Critics pore over high EMS payments

Critics say the Ontario government should pay the bill when patients are forced to take air or ground ambulances because their local hospital doesn't offer the service or treatment they need.

The Liberals made a deliberate decision to allow only certain hospitals to offer services such as neo-natal or cardiac care, which forces patients in northern Ontario to travel great distances, said New Democrat

health critic France Gelinas.

Hospitals in northern and rural Ontario are "shells of what they used to be," and offer very little in the way of actual services for many patients, said Gelinas.

"They stabilize you long enough for Ornge (air ambulance service) to ship you out," she said. "This has become our hospital service in northern Ontario, and hospital services are covered by medicare and should be covered by the government."

The recent case of an Alberta woman hit with a huge bill for an Ornge air-ambulance ride from Timmins to Sudbury highlights the problem, said Gelinas. Staff at the Timmins hospital advised Amy Savill to fly to Sudbury because they were unable to care for her safely after she went into labour prematurely.

"Timmins should have had

a neo-natal unit to handle the needs of her newborn baby," said Gelinas. THE CANADIAN PRESS



According to Ornge, a one-hour flight on a helicopter ambulance can cost between \$8,000 and \$10,000.

THE CANADIAN PRESS



10 Monday, August 17, 2015 World | Metr® NEWS

PRESIDENTIAL CAMPAIGN

Trump targets Mexicans in policy

The U.S. presidential campaign of Donald Trump has entered a new phase: that of releasing a few policy specifics spelling out how he'd govern.

In an indication the reality star-businessman intends his presidential run to be more than a mere celebrity stunt, he's hired staff in early primary states and he released his first platform paper Sunday.

The eight-page paper on immigration threatens the Mexican government, the business community and millions of families living in the U.S. under uncertain legal status.

One section explains how he would build a multibillion-dollar wall across the southern border of the U.S. and get the Mexican government to pay for it.

Trump says he'd apply financial pressure until the Mexicans pay up. He says he'd impound cross-border remittance payments linked to illegal wages; hike fees for work visas for Mexican CEOs and diplomats; and increase fees for border-crossing cards and NAFTA worker visas from Mexico.

He would triple the number of U.S. immigration officers; end job visas for foreign students; defund so-called sanctuary cities that shelter undocumented migrants; detain and deport undocumented migrants; suspend the granting of green cards until more unemployed Americans enter the work force; and end automatic citizenship for babies born in the U.S.

Trump has also said he'd undo President Barack Obama's executive orders, including one that granted residency rights to the children of people who entered the U.S. illegally.

Those actions would affect millions of people.
THE ASSOCIATED PRESS

Rescuers scour remote Papua for downed plane

INDONESIA

Local villagers report seeing aircraft crash into mountain

An airliner carrying 54 people went missing Sunday during a short flight in bad weather in Indonesia's mountainous easternmost province of Papua, and rescuers were heading to an area where villagers reported seeing a plane crash into a mountain, officials said.

The Trigana Air Service plane was flying from Papua's provincial capital, Jayapura, to the Papua city of Oksibil when it lost contact with Oksibil's airport, said Transportation Ministry spokesman Julius Barata. There was no indication that the pilot had made a distress call, he said.

The ATR42-300 twin turboprop plane was carrying 49 passengers and five crew members on the scheduled 42-minute journey, Barata said. Five children, including two infants, were among the passengers.

Local media reports said all the passengers are Indonesians. The airline did not immediately release a passenger manifest.

Oksibil, which is about 280 kilometres south of Jayapura, was experiencing heavy rain, strong winds and fog when the plane lost contact with the airport minutes before it was



Relatives of passengers on the missing Trigana Air Service flight stand in front of its closed offices at Sentani airport in Jayapura, on Sunday, showing concern about the unaccounted-for twin turboprop plane carrying 49 passengers and five crew members. THE ASSOCIATED PRESS

scheduled to land, said Susanto, the head of Papua's search-andrescue agency.

Residents of Okbape village in Papua's Bintang district told local police that they saw a plane flying low before crashing into a mountain, said Susanto, who, like many Indonesians goes by one name. He said about 150

old loplane plane early Monday.

Okbape is about 24 kilometres west of Oksibil.

At a news conference Sunday night at the transport ministry in Jakarta, officials said they would not have any details on

ers reach the area.

Much of Papua is covered with impenetrable jungles and mountains. Some planes that have crashed there in the past have never been found.

the villagers' report until rescu-

rescuers were heading to the

remote area, which is known

for its dense forest and steep

cliffs, and would begin search-

Dudi Sudibyo, an aviation analyst, said that Papua is a particularly dangerous place to fly because of its mountainous terrain and rapidly changing weather patterns.

"I can say that a pilot who is capable of flying there will be able to fly an aircraft in any part of the world," he said.

Indonesia has had its share of airline woes in recent years. The sprawling archipelago nation of 250 million people and some 17,000 islands is one of Asia's most rapidly expanding airline markets, but is struggling to provide enough quali-



Rescue officials said late Sunday that a search plane had spotted the wreckage. There was no word at press time regarding any survivors.

Officials said the wreckage was spotted 12 kilometres from its destination.

fied pilots, mechanics, air traffic controllers and updated airport technology to ensure safety. THE ASSOCIATED PRESS

hose actions would affect

IN BRIEF

Former NAACP leader and civil rights activist dies at 75

Julian Bond, a civil rights activist and longtime board chairman of the NAACP, has died. He was 75.

The Southern Poverty Law Center says Bond died Saturday night in Fort Walton Beach, Fla., after a brief illness. Bond was considered a symbol and icon of the 1960s civil rights movement. He was on the front lines of protests that led to the landmark civil rights laws in the LIS

THE ASSOCIATED PRESS

Sixty same-sex couples say 'I do' in Puerto Rico

More than 60 couples from around the region have gathered in Puerto Rico's capital to exchange vows at a same-sex marriage ceremony.

The Sunday ceremony in San Juan's colonial district is taking the couples through the traditional marriage vows following the landmark U.S. Supreme Court ruling requiring every state to recognize same-sex marriages.

THE ASSOCIATED PRESS

HINA

A pilot who is capable of flying

(in Papua) will be able to fly an

aircraft in any part of the world.

Dudi Sudibyo, aviation analyst, on the danger of

flying in the turbulent, mountainous region

Lethal sodium cyanide in Tianjin blasts

Authorities pulled more bodies from a massive blast site at China's Tianjin port, pushing the death toll to 112 on Sunday as teams rushed to clear dangerous chemicals and prosecutors prepared an investigation into those responsible for the disaster.

More than 700 people were injured and 95 people — including dozens of firefighters — are missing after a fire and rapid succession of blasts late Wednesday hit a warehouse for hazardous chemicals in a mostly industrial area of Tianjin, 120 kilometres east of Beijing.



The Tianjin explosions are among the deadliest industrial accidents in China. CHINATOPIX VIA THE ASSOCIATED PRESS

By Sunday, authorities confirmed there were "several hundred" tonnes of the toxic chem-

ical sodium cyanide on the site at the time of the blasts, although they said there have not been any substantial leaks.

Sodium cyanide is a toxic chemical that can form a flammable gas upon contact with water, and several hundred tonnes would be a clear violation of rules cited by state media that the warehouse could store no more than 10 tonnes at a time.

Tianjin officials have ordered a citywide check on any potential safety risks and violation of fire rules, mandating suspension of operations for factories that cannot immediately comply with safety rules.

THE ASSOCIATED PRESS



Kern County Sheriff Donny Youngblood talks during a recent news conference in Bakersfield, Calif., while showing a photo of Benjamin Peter Ashley. Authorities have identified Ashley who they believe killed a retiree, took people hostage and wounded Kern County sheriff's deputies during a manhunt. THE ASSOCIATED PRESS

Manhunt ends in mysterious death

Alleged killer may have shot himself after confrontation

An 18-day manhunt in the mountainous high desert of central California ended when two deputies opened fire on a man who pulled out a handgun during a confrontation on a rural road, authorities said Sunday.

Benjamin Peter Ashley, 34, was struck by several rounds after he failed to comply with orders to drop the weapon as he walked toward foothills east of Bakersfield on Saturday, Kern County Sheriff Donny Youngblood told The Associated Press.

Ashley may have turned the weapon on himself after being shot by the deputies, Youngblood said. An autopsy planned for Monday will determine the cause of death.

"He either died from his injuries, or he shot himself and died. It's hard to confirm at this point," Youngblood said.

Three other weapons, including a pair of .44-calibre handguns, were found on Ashley's person and in a backpack he was carrying, the sheriff said.

The confrontation came after

Why he did what he did may never be known.

Kern County Sheriff Donny Youngblood

the owner of a rural convenience store reported a man matching Ashley's description had come in and bought about \$100 worth of junk food.

Dozens of deputies and officers from various agencies had been searching in remote terrain about 50 kilometres east

of Bakersfield for Ashley, who was described as a homeless man. He is suspected of killing a retired dentist, taking three men hostage and wounding two deputies.

During the manhunt, authorities warned residents to stay inside and lock their doors and windows. Two elementary schools and a middle school were shut. Authorities also closed a stretch of the famed Pacific Crest Trail in the southern Sierra Nevada during the manhunt.

Youngblood said detectives were searching for a motive, "but why he did what he did may never be known." THE ASSOCIATED PRESS

Top doc stands by view of gun violence

The nation's chief doctor said he doesn't regret saying gun violence is a public health issue, calling his difficult confirmation process a consequence of speaking out.

Surgeon General Vivek Murthy said Saturday that the backlash from his gun-control statement was disappointing but not a surprise.

He was confirmed in December in the face of opposition from the National Rifle Association, which was a rare defeat for the powerful gun

Murthy said the challenging process showed him the importance of community, including those from the medical, public health, technology and Asian-American



U.S. Surgeon General Vivek **Murthy** THE ASSOCIATED PRESS

communities who rallied in support of him.

The doctor said he still believes gun violence is a preventable health problem, comparing it to seatbelts and swimming pool safety. THE ASSOCIATED PRESS

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IN BRIEF

Jamaican agents execute major pot bust

Jamaican narcotics agents have seized a lot of marijuana found in two shipping containers at wharves in the nation's capital.

In a Sunday statement, Jamaican police say investigators found 10 duffel bags containing over 1,000 pounds of compressed marijuana in a container destined for Suriname, and another 75 pounds in a container headed to the Netherlands.

No arrests were made. THE ASSOCIATED PRESS

'It was a horror, a real horror'

A small, single-engine plane crashed on to a Long Island railroad crossing Sunday, killing the pilot, injuring a passenger and shutting down service on a branch of the nation's busiest commuter rail line, officials

The plane crashed at a railway crossing between the Hicksville and Bethpage stations of the Long Island Rail Road around 7:45 a.m., authorities said.

Residents of a nearby senior living facility said they heard a loud noise and saw the craft on fire. Bystanders ran to the scene

but had to get back because of the flames, Charles Terzano told Newsday.

"It just melted," he said. "It was a horror, a real horror."

The name of the pilot was not immediately released. The passenger, identified as Carl Giordano, 55, of New Vernon, New Jersey, had a broken jaw, cuts and bruises, Metropolitan Transportation Authority spokesman Salvatore Arena said.

Giordano was undergoing surgery Sunday afternoon.

The impact left "a pile of metal that was burning," said

Hicksville Fire Department First Assistant Chief Richard Diaz. One of the wings had been torn off, and the other mangled with the body of the plane, Diaz said.

The Federal Aviation Administration said the Hawker Beechcraft BE35 had departed from Francis Gabreski Airport in Westhampton Beach. The pilot reported an issue and was trying to get to Republic Airport in Farmingdale at the time of the crash, according to the FAA. The craft crashed about five kilometres northwest of Republic. THE ASSOCIATED PRESS



Business | metr@NEWS 12 Monday, August 17, 2015

Battle of the brewers looming

RETAIL

Canadian beer giants set to fend off push by SABMiller

A beer war is brewing in Canada as SABMiller seeks to grow its presence following its divorce from partner Molson

Just four months after forming a Canadian subsidiary, the world's second-largest brewer is targeting dominant rivals Molson Coors and Inbev's La-

'To say that we're going to overtake the two big boys would be a bit of stretch so I would be happy to settle in at No. 3," said general manager Paul Verdu.

To get there, SABMiller Canada hopes Miller Lite — available in Ontario and Newfoundland until 2010 - will steal



Global demand for lower-alcohol products such as Coors Light is growing. THE ASSOCIATED PRESS

market share from dominant players Coors Light and Bud

Miller Genuine Draft, previ-

ously sold for about 20 years through a partnership with Molson Coors Canada, and premium brands such as Peroni,

Pilsner Urquell and Grolsch will also be sold in Canada, though primarily outside Que-

All of SABMiller's products will be imported from the United States or Europe.

Global demand for light beers has been growing. It accounts for about half of total beer sales in the U.S., but less than 30 per cent in Canada.

Beer market specialist Plato Logic estimates light beers account for 20 per cent of total beer volume and have been growing 2.1 per cent annually over the past five years.

Verdu sees opportunities for the "original" light beer — Miller Lite — if only the beermaker can convince Canadian drinkers to give it a try.

The company plans to spend heavily to promote its brands and hopes to get help by not charging Ontario bars and restaurants the hefty premium they face from all other brewers except Brick Brewing's Waterloo brand.

The move, which will amount to establishments paying the same amount that



To say that we're going to overtake the two big boys would be a bit of stretch.

Paul Verdu

consumers fork out at the Beer Store, is an incentive for bars and restaurants to carry more SABMiller brands, says James Rilett, Ontario vice-president of industry association Restaurants Canada. He said bars and restaurants will save an average of \$10 per case of beer, or almost \$75 million annually.

Verdu said SABMiller is also trying to appeal to Canadian consumers by promoting the taste and features of its products instead of "gimmick marketing" that focuses on lifestyle advertising.

THE CANADIAN PRESS





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Merkel rules out debt cut, says bailout may not succeed

German Chancellor Angela Merkel says there's no certainty the latest bailout for Greece will succeed but she is hopeful the country can overcome its economic crisis if it adheres to the agreements forged with its creditors. Merkel also told German broadcaster ZDF on Sunday that Greece can't expect its debt to be cut.

The International Monetary Fund has insisted that Greece must be given some form of debt relief before it will participate in any new bailout, something Germany wants.

But Merkel said while repayment periods may be extended and interest rates can be tweaked, a so-called debt "haircut" is ruled out.

Dozens of lawmakers in Merkel's conservative bloc plan to oppose the new bailout package for Greece at a special session of Parliament on



German Chancellor Angela Merkel waits for the beginning of her first cabinet meeting after her summer holidays in the Chancellery in Berlin. GERO BRELOER/THE ASSOCIATED PRESS

Wednesday.

This past Friday, finance ministers of the 19-nation euro single currency group approved the first 26 billion euros (\$29 billion US) of a vast new bailout package to help rebuild Greece's shattered economy.

The approval came after Greece's parliament passed a slew of painful reforms and spending cuts after a marathon overnight session that divided the governing party, raising the spectre of early elections.



🛑 IN BRIEF

GlaxoSmithKline set to reopen bacteria-hit plant

Drugmaker GlaxoSmith-Kline plans to resume operations on Monday at a North Carolina plant that closed Aug. 11 after bacteria that cause Legionnaires' disease was found in cooling towers. The plant in Zebulon produces inhaled medications. About 400 employees were told to stay away until the towers were cleaned and disinfected.

China moving to more sustainable growth: IMF

The International Monetary Fund says that so far, China is successfully managing a transition to slower but more stable growth. It predicted the Chinese economy will grow 6.8 per cent this year and 6.3 per cent in 2016 after registering 7.4 per cent last year. THE ASSOCIATED PRESS

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HAM I BANK Monday, August 17, 2015

How do you feel

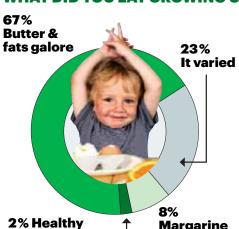
about the often changing 'official'

Your essential daily news

POLL: IS BUTTER BETTER?

It's been the conventional wisdom for half a century: Fat is fatal. But McMaster University researchers analyzed dozens of past studies and found no link between saturated fats — the tasty ones found in meats, butter and eggs — and death from heart disease, diabetes or stroke (trans fats are another story). It's the latest in a litany of studies reaching the same conclusion. We asked our readers if they've rethought the fats they feed their families.

WHAT DID YOU EAT GROWING UP?



40% I pay attention & try to keep up

dietary advice? I no longer trust it 24% ľve never cared

Have you changed your approach to fat?

32% I've always eaten saturated fat. Butter forever! **29%** I watch my saturated fats more now. 15% I don't think about types of fats.

14% Thanks to research, I've been eating more saturated fat again. Butter is back!

10% I've been following a low-fat diet for life.



Answer our poll every Friday at

36%

Don't let little kids take my New Year's Eve away

FOOTNOTES Omar Mouallem

whole foods



I've stopped trying to plan my New Year's Eve. It's not just because of steep cover charges, nor is it because I'm forced to choose between different cliques of friends. I stopped planning because for the last couple years there's been nowhere better to botch "Auld Lang Syne" lyrics than in Churchill Square.

There's dancing, skating, sleigh-riding, crafting and let's be honest about what's in those thermoses — discreet drinking, so no wonder it attracts 20,000 to 25,000 people. The sight of them all bundled together, like a human blanket illuminated by the fireworks' frenetic, neon colours is something to behold.

Why do I have New Year's

on my mind 135 days early? Because people in our fair and democratic city are being given the chance to ruin the biggest outdoor party of the year by ringing it in at 8 p.m.

Margarine

& low-fat everything

Last week, Edmonton's civic events director Nicole Poirier told Metro that users of its online survey tool, the Edmonton Insight Community, would be consulted on the matter, in order to draw more family-friendly crowds. The current Churchill Square programming, she explained, usually caters to them. The New Year's event is an anomaly.

A year since it launched, the administrators of the Insight Community have apparently run out of insight, because an example of what we'd see in this wacky world where Edmontonians celebrate 2016 before Newfoundlanders is..."face-painting."

Face-painting? That's what miserly community barbecues offer because the organizer was given a budget of \$654 and a banana peel.

Further, Poirier claims an early event could take the stress off bus services downtown. Really? Wouldn't sending thousands of people on the bus, at the same time everyone else is en route to their destinations, clog them?

Also, no. Bus services are under pressure because New Year's is awesome. It's the one secular event during the holidays when everyone within a time zone shares a special moment together, even if they're also spending it with Ryan Seacrest on a broadcast delay.

As a kid deprived of Christmas, New Year's Eve was the sweetest day of the year. My Muslim parents left me at a community hall with friends, while they went off to socialize with theirs. We didn't see them again until midnight, when they squeezed and

kissed our cheeks till they were bruised. The fatigue from staying up until 1 or 2 a.m. was a small price to pay.

Some municipalities have opted for early New Year's countdowns to get the little ones to bed at a certain hour, including Vancouver - a resort community in B.C. that celebrates in a subpar public square half the size of ours and the great city of Cincinnati. But when our party is currently so packed that you can smell the donair sauce on your neighbour's breath, I doubt we need to make it any more popular.

In fairness to Poirier and the Insight Community, it's just an idea at this point. Yes, that's true, but all great crimes start out as ideas.

Omar Mouallem

(@omar_aok) is based in Edmonton and edits the Yards magazine.

ROSEMARY WESTWOOD

metroview

Why we resist and deny facts that don't match our beliefs

There are ideas, there are opinions, and there are harder-held beliefs.

And once a person gets hold of a few of these, it sometimes seems, they'll never let them go. As if there's no way to change a mind, and little interest in changing your own.

When I worked at a student newspaper, I had a conservative editor-in-chief. He was the first conservative I'd ever, knowingly, met.

Universities are hotbeds of liberalism, their newspapers among the most overtly political press in the country. He, you can imagine, was an

And yet we had some of the most interesting debates I've been party to. He made me think more clearly through his questions. He was far less dogmatic than the rest of us, far more curious, far less selfrighteous.

Writing a column should be fodder for a good debate. I've considered an issue, tried to figure out what I think, and why. I've tried to prod others to do the same. Making people angry might get clicks, but making people think is surely a better goal.

And yet sometimes I fear it's impossible. I fear we argue, and mistakenly romanticize it

I'm not sure that anyone who wants to debate my column with me ever really tried to understand me in the first

place. And thus, I'm not sure I care to understand them.

I doubt anyone who likes a column likes it because I made them think differently. I more likely gave words to what they already believed.

What can really change a person's mind? Or can anything?

A 2014 New Yorker piece explored the research behind false beliefs — opinions held despite overwhelming evidence to the contrary and whether people who hold them can be convinced otherwise. It seems that "If information doesn't square with someone's prior beliefs, he discards the beliefs if they're weak and discards the information if the beliefs are

In other words, if you challenge something I hold dear, I'm far less likely to accept your argument, no matter how irrefutable it may be.

Researchers did find a hopeful loophole: If you make someone feel safe, if you don't appear to fundamentally threaten who they are, they more easily shed false beliefs.

I would add that changing minds — the purpose of debate — is impossible if you value thinking you're right over being right.

So maybe I should be asking for your effort to understand me, if you can muster it. Even on my angriest of days, I'd rather be wrong than ignorant.



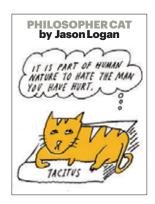
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Backyard fun: Quiet the dilemma

NEIGHBOURS

Complaints escalate the situation, so try having a conversation

Many would consider the sound of kids gleefully playing outdoors a natural soundtrack of the summer.

But one family in Pickering, Ont., located east of Toronto, was told the sound of their kids splashing in their backyard pool was deemed unreasonably disruptive by a neighbour.

On the very first day of summer vacation, Danielle Honsberger said she received a card from the municipality concerning a neighbour's noise complaint. It was later followed by a formal written notice.

"We didn't even know that we had offended anybody, and if they had spoken directly to us, we could have avoided this whole situation," said Honsberger, a mother of three children, aged seven, nine and 11.

"I would have been embarrassed and very respectful and been on the noise right away — but they never gave us that opportunity.

"I am a parent who is very present and very mindful of how we are heard in the com-

Across the country, municipalities are frequently forced to intervene when residents file complaints about noise disrupting their peace and quiet.

In Ottawa, officials say a



Honsberger has received two noise complaints regarding her three children, ages 11, nine and seven, for being too loud in their backyard swimming pool. She says they are only home from about 4 to 6 p.m. each night to swim. SABRINA BYRNES/TORONTO STAR

total of 6,152 noise-related complaints were filed to the city between the beginning of the year and Aug. 11, with just under half related to loud music and about 1,500 loud shouting.

In 2013, Saskatoon received 1,694 noise complaints and 1,268 complaints specifically about noisy parties.

While statistics were not available, Winnipeg officials said most noise complaints in that city are typically about the roar of construction machinery and neighbours' air conditioners.

Susan Logan, executive direc-

tor of the non-profit Mediation & Restorative Justice Centre in Edmonton, said neighbour disputes represent the largest percentage of their caseload.

Complainants are encouraged to approach their neighbour about their annoyances rather than leaving the task to an outsider.

"If you got a letter in the mail that said: 'One of your neighbours has an issue and would you like to call us so that we can talk about it,' you're going to be defensive right (from) the beginning," Logan said.

"We're trying as much as pos-

sible to set a stage from the very beginning that's a stage of collaboration."

Eva Malisius, program head of conflict analysis and management programs at Royal Roads University in Victoria, B.C. said the first step towards resolving a dispute over noise should involve telling a neighbour directly how they've been affected by the disruption.

"Just having that opportunity to hear the other side, usually, neighbours are very open to that. If you do file a complaint, that already escalates it," Malisius said. Failing that, many communities offer mediation services with a neutral third party offering help, she noted. If all of those steps don't lead to success, then a formal complaint can be an option.

Mediators generally don't try to convince either neighbour that they're right or wrong, Logan said. Instead, they focus on having each side reflect on the situation and determine whether they'd like to address the issue further.

"We try to move people from a position on something — so 'You have to cut the tree' — to a **SOUND OFF**

Resident complainer

Neighbour disputes represent the largest percentage of complaints in Edmonton.

Year-round issues range from complaints about shovelling snow onto a neighbour's yard to not shovelling at all, or overgrown trees and lawns.

THE CANADIAN PRESS

position of 'Why would cutting the tree be of value?' And: 'Is there an alternative to cutting the tree?" Logan said.

"Just going over to your neighbour and saying: 'This is what I want you to do,' or 'This is what I need you to do' isn't going to help the situation."

Kim Thompson, manager of Pickering's bylaw enforcement services, confirmed that an official complaint has been filed about the Honsberger family but wouldn't go into details about the case. She said no charges have been laid.

"In general, if there's a noise complaint during daytime hours, the complainant has to indicate that they can hear the noise when they're inside their house with all the doors and windows shut," Thompson said.

Honsberger said she hasn't heard anything further from the city or the complaining neighbour, and maintains that the family have and will continue to use their backyard in a "respectful manner."

THE CANADIAN PRESS





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This diverse recipe collection offers easy lunches, healthy snacks, and meals kids can help with. The slideshow lists are disappointing, even with the great photos, but the video tutorials make up for them.



FROOK

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Adept at being both witty and silly, Felicia Day relates the unexpected turns she's taken to have a career in web culture, something she insists you have to be an oddball for. It's a weird autobiography, yes, but an insightful one.



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16 Monday, August 17, 2015 Work | metr@LIFE |

Stay calm during work critiques

CONSTRUCTIVE FEEDBACK

Take criticism in stride and vou'll likely face less of it



It's hard enough to take a compliment — but taking critiques can verge on intolerable. Even if it's just one so-so remark on an otherwise glittering performance review, less-than-fuzzy words can still sting. Some of us get defensive; some prefer outright denial. These dodges, however, don't help you improve. The purpose of constructive feedback is to steer employees toward better behaviour - so they won't need as much guidance in the future. Want to hear less criticism? Get better at absorbing it.

When you feel burned, it's tempting to scorch back. Arguments, eye-rolls, angry silence: These are all common — and understandable — responses to negative commentary. But while retaliating is satisfying, it won't boost your standing in the eyes of your evaluator. Whether you're being addressed during a planned meeting or an on-the-fly chat, take a moment before you react. Listen to the criticism — not your pounding heart or the voices in your head formulating a slew of sarcastic rebuttals. By maintaining neutrality, you demonstrate that you have the maturity to self-assess.

As you're hearing the case, weigh its accuracy. Is there validity to the claims? This is the really tough part: recognizing when a bad grade is deserved.



The really tough part: recognizing when a bad grade is deserved.

Rather than simply agreeing with what's being said, request clarification regarding what went wrong and how it can be corrected. Many managers are just as uncomfortable giving unfavourable feedback as those receiving it, and may want to rush the process. But by calming down, slowing down, and asking thoughtful questions, you can both leave the conversation with concrete ideas for how to move forward.

This doesn't mean you must cheerfully agree when a critique is unfair or untrue. If you believe your low score isn't merited, explain the circumstances but avoid excuses. Acknowledge



Slow down and ask thoughtful questions to turn feedback into a productive conversation. ISTOCK

the bumps in your output, then outline the reasons for your lapse. By recognizing your own slip-ups, you can articulate the backstory without looking like you're trying to skirt blame.

Just as important as accepting pointers: putting them into motion. Post-discussion, prove your receptiveness by proactively targeting your professional weak points. Everyone has areas that need tweaking, and while it may be hard to hear about them, they shouldn't rouse shame. Be gracious during your dialogue, and follow up with prompt, visible action. Then at least when comes to weathering criticism, you'll get an A+.



SELF MADE

Richer than you and me

Forbes, the leader in decimating your self-esteem, has a new list of people who are better than you. This time around it's the "8 self-made women to look out for in 2015."

1) Jessica Alba

Actress, entrepreneur

2) Sandra Bullock

- Actress, producer, entrepreneur

3) Cindy Monroe

- Entrepreneur

4) Taylor Swift — Musician

5) Natalie Massenet

- Journalist, entrepreneur

6) Lynn Jurich

- Entrepreneur

7) Lisa Falzone

- Entrepreneur

8) Angela Ahrendts Businesswoman MATTHEW LEE/METRO IN NYC



Jessica Alba. GETTY IMAGES



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PLAY TO YOUR STRENGTHS

3 easy steps to being happy on the job

Here's a fact that will surprise no one who has ever worked in an office: 50 per cent of people are unhappy in their job.

Workplaces are really good at inducing stress and anxiety and fear and worry," says workplace well-being expert Michelle Mc-Quaid. "They're not so good in bringing out the best in people."

That's why she's launching the global One-Week Strengths Habit Challenge starting Aug. 17. Just follow these three steps and you'll be on your way to kicking butt at your job and loving it.

Identify your strengths

When asked to list their top five strengths, most people have no idea what they're good at or what their best qualities are.

Fortunately there are lots of free strength-assessment tools online, such as the VIA Survey (viacharacter.org).

Figure out how you al-Figure out now your strengths ready use your strengths Once you nail down your top



Learn to smile all week with one simple change. ISTOCK

strengths, ask yourself how you're already using them.

"Think about the last time you were engaged and energized and enjoying your work," says Mc-Quaid. "Those are the moments you're using your strengths that's why we feel good about

OFFER

ENDS

AUGUST

31ST

Develop a habit

The final step: Consciously use that strength. Every. Single. Day. "Ten minutes is perfect to develop a positive habit, because it's excuse-proof — it's nothing. And you don't need anyone's permission — you don't need to change your job description to do it. You just need to be willing to stick with it."

Spending 10 minutes honing your strengths at work will not only improve your attitude it might land you a promotion.

"Do more of what you do best each day, and the other people around you can see the potential of what you have to offer as you go about your job," says McQuaid. "And in my experience that starts to open different opportunities for you as time goes by."

RAQUEL LANERI/METRO NEW YORK



UBREW co-founders Wilf Horsfall, left, and Matthew Denham salute the home brew trend in England; closer to home, there are plenty of ways to make your own pint of beer. GETTY IMAGES

Brew your own to save

FRUGAL FERMENTATION

Why craft beer at home? It's cheaper than bottled water



I have often said that if beer is an acquired taste, then you might as well acquire a taste for cheap beer.

Many brew aficionados would disagree with my assessment of adult beverage choice, claiming instead that something as precious as a lager, stout or ale should be savoured as a delicacy and that intense scrutiny should accompany every sudsy indulgence.

Luckily there is a solution that can satisfy both my quest for fermented frugality and the pristine palate of beer connoisseurs: brewing your own hopsfilled masterpiece.

A five-gallon beer kit can be purchased for about \$30, depending on the recipe you want to brew. Add another \$10 for yeast and bottle caps, and the input costs will run you around \$40. Five gallons is roughly equivalent to fifty-three bottles of beer. This gives us a per-beer cost of about 75 cents - that's cheaper than bottled water!

In much of Canada, even a higher alcoholic content the cheapest discount if that's what beers cost \$1.40 you're into) per 341 ml servfor \$9 a ing. The "midweek, dle class" of or \$468 beers such as Labatt Blue or Molson Canadian, often come in around nual savings of \$1.60. This is of course assuming roughly \$532

you're purchasing your poison of choice at a vendor and not in a bar or restaurant - where of course the per-serving cost

skyrockets. If we assume that the average beer-drinking Canadian consumes a 12-pack in an average week, and that they prefer a popular domestic vintage, the weekly cost would be \$19.20 or just under \$1,000 annually. Selfbrewing by comparison could net you the same amount of beer (at

> over t h e course of a vear. That's an an-

- not counting any drinks you save yourself from purchasing in a bar or club.

There are some initial startup costs and depending on how fancy you want to get, they can range from 50 bucks to more than \$200. As always, looking around online or checking out some used equipment can save you some hard-earned cash. Often you can find brewing kits that have barely been taken out of the box when looking online, and as a one-time cost, it's definitely worth it if you use the kit for a couple of years.

There is no telling how much your own time vs. beer crafting enjoyment value ratio will play into our brewing equation. I know some people who love making their own beer so much that they would pay a premium do so, while others see it as a little hobby that can help them stretch their entertainment budget. Take pride in your brewmaster skills and enjoy one for me this summer, Canada!

Most Canadians don't feel better off: poll

Chris and Mariana Thomson don't believe they're better off in the four years since the federal Conservatives captured a majority government in 2011.

The Toronto couple, Chris, 40, a medical adviser for a pharmaceutical company and Mariana, 36, a medical writer, have seen soaring costs for everything from utility bills to food, clothing and transportation, but their paycheques are barely keeping pace.

"Housing prices have gone up and our salaries have not gone up equivalently, and that's been the biggest hit for us," Chris Thomson said in an interview as he and his wife went for a walk with their nine-month-old daughter, Stella.

The Thomsons are similar to the majority of Canadians — 51 per cent — who recently answered "no" when a Forum Research poll asked them, "Are you better off now than you were in 2011?"

The poll, conducted earlier this month, found only 34 per cent of respondents said yes.

When the survey results are broken down by age, at least 50 per cent of Canadians ages 35 to 65 and older believe they aren't better off.

Forum Research president Lorne Bozinoff says the poll results may not bode well for the Conservatives in the federal election this fall.

Forum's findings suggest Conservative support in the election might be limited to that 34 per cent who truly believe they are better off than they were four years ago, he argues.



Who would vote for them if they feel they're worse off now?

Lorne Bozinoff, president Forum Research

"Who would vote for them if they feel they're worse off now, when the government made the economy one of their key things?" Bozinoff argues.

Fifteen per cent of those surveyed said they don't know if they're better off now than in

The Conservatives have made the economy one of their key planks heading toward the Oct. 19 vote. Leader Stephen Harper's Conservatives have promised a balanced budget for 2015, though Jean-Denis Fréchette, the Parliamentary Budget Officer, says that's unlikely. TORSTAR NEWS SERVICE

🚹 18 TO 34 YEAR OLDS EVENLY SPLIT

Student debt and a lack of jobs is a concern

The number of 18- to 34year-olds who believe they are better off since 2011 41 per cent — is equal to the number who say they are not better off, according to the poll. Liam Crober-Best, right, who will begin studying at Sheridan College in Oakville, Ont. in September, has struggled to find parttime jobs and is expecting to



be hit with massive student debt. TORSTAR NEWS SERVICE

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or \$161 b/w OAC









🛑 IN BRIEF

Brewers prospect first openly gay active player

A Milwaukee Brewers minor leaguer has become the first openly gay player on a team affiliated with Major League Baseball.

David Denson, with the help of former major leaguer Billy Bean, reached out to the Milwaukee Journal Sentinel to tell his story.

The 20-year-old first baseman plays for the Helena Brewers in the rookie Pioneer League. Bean, MI B's first Ambassador for Inclusion, disclosed he is gay after his playing career.

'Talking with my teammates, they gave me the confidence I needed, coming out to them," Denson told the newspaper. "They said. "You're still our teammate. You're still our brother. We kind of had an idea. but your sexuality has nothing to do with your ability. You're still a ballplayer at the end of the day. We don't treat you any different. We've got your back.'

"That was a giant relief for me," he added. "I never wanted to feel like I was forcing it on them. It just happened. The outcome was amazing."

On Sunday, the Brewers lauded Denson as a "highly respected member" of their family and "a very courageous young man."

"Our goal for David is to help develop him into a major league player, just as it is for any player in our system. and we will continue to support him in every way as he chases that dream." THE ASSOCIATED PRESS

Jays swing past Yankees

Win pulls team back to within a half-game of AL East lead

Thanks to a little luck and a lot of good pitching, the Toronto Blue Jays staved off a sweep at the hands of the New York Yankees.

Drew Hutchison turned in his second straight strong start, and the top of the lineup made the most of a ball getting lost in the sun as the Blue Jays beat the Yankees 3-1 Sunday afternoon at Rogers Centre.

Toronto cut New York's lead in the American League East back down to a half-game with seven games left between the division rivals.

In 6-2/3 innings, Hutchison allowed just four base-runners on three hits, including a solo home run. The much-maligned right-hander with a 5-plus earned-run average struck out five to become the 14th pitcher in the majors to hit 12 victories this season.

Hutchison got there because the Blue Jays took advantage of their biggest break of the day, when Yankees left-fielder Carlos Beltran lost a fly ball in the sun in the third inning. Troy Tulowitzki ended up on second with what was later scored a double.

An RBI double by Josh Donaldson got the Blue Jays on the board, and a two-run shot by Jose Bautista, his 28th home run of the season, broke open an inning that could've been over.



Blue Jays starting pitcher Drew Hutchison stretches before his first pitch in Toronto on Sunday. Hutchison pitched 6-2/3 innings, fanning five batters and allowing only three hits before leaving the game in the seventh to a standing ovation.

SUNDAY In Toronto

FRED THORNHILL/THE CANADIAN PRESS





Base-running blunders kept the Blue Jays from doing any more damage, as did Yankees starter Luis Severino, who struck out a career-high nine in his third major-league start.

Hutchison helped the Blue

Jays (65-54) make some more history of their own. He made it the 20th straight game that the starting pitcher allowed three or fewer earned runs, extending a franchise-record set Saturday.

The 24-year-old left to a rousing standing ovation from the sellout crowd of 46,792. Relievers Brett Cecil, Aaron Sanchez and Robert Osuna finished the Yankees (64-52) off to make the Blue Jays 15-3 since making a flurry of trades in late July. THE CANADIAN PRESS

REMEMBERING 'THE DRIVE OF '85'

Jays pay tribute to first AL East championship team

Even 30 years later, the 1985 Toronto Blue Jays' playoff loss still stings.

The Blue Jays had finally gotten over the hump to capture the American League East with 99 wins. But the Jays ultimately blew a 3-1 ALCS series lead to the

Kansas City Royals to see their title dreams dashed.

The franchise's first division-championship was honoured Sunday at Rogers Centre. "The Drive of '85" got the full pre-game ceremony treatment Sunday afternoon before the Blue Javs faced the New York Yankees. THE CANADIAN PRESS

Murray edges past Djokovic; Bencic upsets Halep in finals

Andy Murray defeated Novak Djokovic 6-4, 4-6, 6-3 to win the US\$4.1-million Rogers Cup on Sunday, ending an eight-match losing streak to the world's topranked player.

Second-seeded Murray posted his fourth tournament victory of the year. He won \$685,200 for claiming the Rogers Cup for a third time after hoisting the trophy in 2009 and 2010. His three wins tie Djokovic, Rafael Nadal and Andre Agassi for second place all-time behind Ivan Lendl's six victories.

The two top seeds split the first two sets in a three-hour match in hot, muggy conditions at Uniprix Stadium. It played out with Murray serving at 3-1 in the third, already up a break.

A ferocious baseline battle went to deuce 10 times and Murray fought off six break points to all but put the match

Djokovic had two more break points in the final game, but Murray pounded two service winners and eventually won when Djokovic hit a ground

stroke long after a brief rally.

With the win, Murray will take over the world No. 2 ranking from Roger Federer for the third time in his career.

On the women's side, unseeded Swiss teen Belinda Bencic defeated Simona Halep 7-6 (5), 6-7 (4), 3-0 to win the Rogers Cup women's final

Andy Murray

THE CANADIAN PRESS

Sunday afternoon at the Aviva

The victory over the secondseeded Romanian capped a week of upsets for Bencic. She beat four of the top five seeds — including top-ranked Serena Williams in the semifinal - to claim her first Premier-Five level

Bencic earned US\$456,000 for her second career WTA Tour title.

Halep, who was looking for her fourth title of the season, earned \$227,640 as runner-up.

In the men's doubles final, twin brothers Bob and Mike Bryan defeated Daniel Nestor of Toronto and Edouard Roger-Vasselin of France 4-6, 6-3 10-6.

The women's doubles final was scheduled for later Sunday with third-seeded duo Bethanie Mattek-Sands and Lucie Safarova meeting fourth-seeded Caroline Garcia and Katarina Srebotnik.

THE CANADIAN PRESS



FRANK GUNN/THE CANADIAN PRESS

metr#sports Monday, August 17, 2015 **19**

Parapan Am Games about more than medal counts

Athletic successes inspire youth

Stephanie Dixon remembers returning home from the 2000 Paralympics in Sydney, and being unable to celebrate her successes with anyone.

Nobody knew what Paralympic sport was.

"Here, after having these Parapan American Games in Toronto, I know that none of our athletes will ever have to put their heads down coming home from competition," said Dixon, a former Paralympic swimmer and the assistant chef de mission of Canada's team in Toronto.

"They'll be able to raise their heads up high and be proud of their accomplishments. All of our athletes are being put in a position of being a role model and a hero in our country.



A collection of athletes watch a fireworks display at City Hall in Toronto during the closing **CEREMONIES.** DARREN CALABRESE/THE CANADIAN PRESS

"And that just makes me so

Canada set a target of finishing top-three in medals at the Parapan American Games, that wrapped up Saturday. Mission accomplished. The team went one better, finishing second with 168 medals - 50 gold, 63 silver and 55 bronze. Brazil finished atop

the table with 257 medals (109-74-74), while the United States was third with 135 medals.

But the victory of these Games wasn't just about medals won, but about the fans won over along the way. The victory was in the jam-packed crowd that watched Canada's wheelchair rugby team beat the U.S. for gold, and a similarly large and noisy crowd that cheered on Canada's wheelchair basketball teams, which both came away with silver.

"Who's to say that a young child living with an impairment hasn't been inspired by what they've seen on TV and decided to take up para-sports?" said Craig Spence, communications director for the International Paralympic Committee. "You'll see next year in Rio a whole host of young British athletes who were inspired by the 2012 London Paralympic Games, and I think you'll see a similar situation here, Canadians who've been inspired by the performances of Aurelie Rivard will be wanting to compete.

"These Games will leave many legacies, but you don't judge them by the end of play tonight,



With the dust settled on the Parapan Am Games, Brazil finished atop the standings with 257 medals, while Canada finished second with 168 medals. Here is how the top five broke down.

Brazil: 109 (G), 74(S), 74 (B) **Canada:** 50(G) 63(S) 55 (B) **U.S.:** 40 (G) 51 (S) 44 (B) Mexico: 38 (G) 36 (S) 39 (B) **Colombia:** 24 (G) 36 (S) 30 (B)

but over the next 10 or 15 years." These were the largest Parapan

Am Games in history, with 1,600 athletes competing.

Canada fielded its largest-ever team of 216 athletes, and the results showed. Among the highlights: Rivard, a 19-year-old from Saint-Jean-sur-Richelieu, Que., won six gold medals in swimming, and set a world record. THE CANADIAN PRESS

PGA CHAMPIONSHIP

ason has his Day in the sun

Jason Day led wire-to-wire Sunday at Whistling Straits to close out a record-setting PGA Championship and capture his first

The 27-year-old Australian finished at 20-under 268 to beat Jordan Spieth by three shots. Day is the first player to finish at 20 under in a major.

Day shot 5-under 67, and never let Spieth get closer than two



JAE HONG/THE ASSOCIATED PRESS

shots. Branden Grace finished third and Justin Rose was fourth.

A nice ending to the major season for a player who has endured some close calls and his share of heartache.

At the U.S. Open in June, he fell while walking during the second round. He had vertigo symptoms. But he played through the weekend and actually held a share of the lead after 54 holes before fading on

At the British Open, he also was in the lead after 54 holes but ended up one shot out of a playoff. He closed the deal this time.

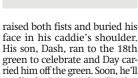
This was Day's 10th top-10 finish at a major. His first came here, in Wisconsin, at the 2010

He was tearing up as he waited to hit the tap-in putt that would seal the victory. He did it, then 🚹 LPGA

Canuck teen Henderson wins Portland Classic

Brooke Henderson, 17, won the Cambia Portland Classic by eight strokes Sunday to become the third-youngest champion in LPGA Tour history. The Canadian from Smiths Falls, Ont., closed with a 3-under 69 at Columbia Edgewater to finish at 21-under 267 THE ASSOCIATED PRESS

cradle the Wanamaker Trophy.





Danish Dynaformer is victorious in Breeders Cup

Danish Dynaformer took the lead down the stretch and captured the 125th running of the \$500,000 Breeders Stakes on Sunday afternoon at Woodbine Racetrack.

Danish Dynaformer, the 7/5 favourite, sat no worse than

third at any point in the race as jockey Patrick Husbands earned his fourth career Breeders' Stakes win, tying him with Sandy Hawley and Robin Platts for most all-time.

Trainer Roger Attfield also earned his ninth Breeders' title, boosting his record for most wins by a conditioner,

as Danish Dynaformer won in 2:29.28 on a firm turf.

Conquest Boogaloo was second in the 1-1/2-mile race with Lucky Lindy third in 28 C temperatures with 58 per cent humidity. Prince of Wales champion Breaking Lucky was last in the ninehorse field. THE CANADIAN PRESS



September 4-6 Hawrelak Park

TRY-A-TRIATHLON - 9 WEEK BEGINNER TRAINING PROGRAM WEEK 7

WEEK /		
Date	Session Details	Tips
MONDAY	Day off	Day off
TUESDAY	Bike: 22 minutes	Maintain a steady pace.
WEDNESDAY	Swim: 300 metres	Practice looking up every once in a while. In open water you will need to see if you are going in the right direction!
THURSDAY	Run: 20 minutes (1 min walk/2:30 min run) or steady run	Try adding shorts bursts of speed.
FRIDAY	Day off	Day off
SATURDAY	Bike: 30 minutes Run: as soon as you get of the bike for 5 minutes	Brick work-out: 2 sports in 1 day w/ no rest in between! You're legs will feel a bit wobbly
SUNDAY	Swim: 350 metres Run: 24 minutes [1 min walk/3 min run] or steady run	Think about borrowing or renting a wetsuit. You will feel more comfortable and float easier.
**Remember to adjust tim	nes and distances relative to your ability – hav	e fun and experience the thrill of

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

RECIPE Lemon Pasta Vegetable Salad



Rose Reisman rosereisman.com

A perfect chilled or room temperature pasta salad that is great as a main meal or side. Serves 4.

Ready in

Prep time: 15 minutes Cook time: 8 minutes

Ingredients

- 8 oz rotini (preferably whole wheat)
- 2 cups sugar snap peas
- · 2 cups grape tomatoes, sliced in half
- 3 oz crumbled feta cheese
- 3 Tbsp fresh chopped dill Dressing
- · 3 Tbsp olive oil
- 3 Tbsp lemon juice
- •1 Tbsp Dijon mustard
- 1/2 tsp minced garlic

Salt and pepper

Directions

1. Cook pasta in boiling water according to package directions. In last two minutes, add snap peas and cook just until crisp. Drain, saving 1/4 cup of the pasta water. Rinse pasta with cold water until pasta and peas are no longer warm. Add to serving bowl along with reserved water, tomatoes, feta and dill.

2. Add ingredients for dressing and mix well.

Nutrition per serving

- Calories 370
- Protein 12 g
- Carbohydrates 47 g
- Fibre 6 g
- Total fat 15 g
- · Saturated fat 3.5 g
- · Cholesterol 5 mg · Sodium 400 mg PHOTO: ROSE REISMAN

1. "Fly _ Home" (1996) 5. Security system device 11. Corn throwaway 14. Health club offer ing using mats 15. Montreal 'star 16 'Select' suffix 17. Birthers of baby baa-ers 18. Aerobics moves 19. Canadian train name 20. Jewellery material 22. Red significance on a tap 23. Sign-off 24. Cleanse thoroughly 27. Ouest's op posite 29 Rob of "Melrose Place" 31. "Sex and the City" character 33. Overthrow 35. Wipes 36. Bearded, as wheat 38. Sales slips, shortly 42. Like/seemingly: 2 wds. 43. Wounded by a bull 44. "Dies _": Latin hymn meaning 'Day of Wrath'

45. Ms. Wilson of "La

Femme Nikita'

est river

at law

46. France's long-

47. Not vet final.

48. Marsh plants

50. _ Thesaurus

18 19 32 42 43 44 48 53 55 59 60 62 64 65 70 71 72 74

(Popular book of synonyms) 52. There's one appearing in "I, Robot" (2004) 55. Body of water 57. Mr. Zimbalist Jr. 58. Tic-Tac-Toe losing row 59. Groove

61 iPhone's voiceactivated helper 63. English_ 64. Exhibits buoy ancy 66. Colossal counting, e.g.

70. Dutch city

71. Remove one's identity badge, perhaps 72. Peru's capital

73. Poivre's pal 74. Paula Abdul once cheered for them 75. Companies: Marketing or Ac-

DOWN

1. Nautically nae-not 2. "Impressive!"

3. Ripen 4. Bit of #37-Down: "I'm going on down to _ / I'm going to join in a rock 'n' roll band..." 5. Hawk

6. Musical piece for Chopin 7. seauitur 8. Tourist

9. Margarine 10. One taking a break 11. Spotted catlike mammal 12. Pertaining to sheep 13. Necklace bits 21. "Either he goes __go!" 24. Abandon 25. Reason 26. William _ (British remixer/producer) 28. Break of day 30. Buffalo (Pre-CSNY group) 32. Bald _ (North American bird) 34. Bovid bag 37. Joni Mitchell song covered by CSNY about the same-named 1969 music festival 39. Town _ (Newsgiver of yore) 40. Flavour 41. Earthquake 49. Bawling out 51. "Whistle _ the Lave O't": Song by Scottish poet Robert Burns 52. _ Notes (Literature aids) 53. Rusty stuff, Iron 54. Traveller's lodging 56. Awakened 60 Forearm bone

62. Web connect-

ors, commonly

65. Ginger bev

67. "American

68. Little devil

" (1999)

69. Meowe

erage

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 It's no big deal if you feel a bit left out. You are sending out signals to those around you that you don't want to be bothered too much and friends and colleagues are simply respecting your unspoken wishes.

Taurus April 21 - May 21 You will be put to the test and pass with flying colors. No matter how big the challenge you are big enough to meet it. You were born to lead and you were born to succeed.

I Gemini May 22 - June 21 Some intense cosmic activity will encourage you to deal with events you usually avoid. Chances are you will deal with them so well, you'll wonder what all the fuss was about.

Cancer June 22 - July 23 The planets promise success and

riches bevond vour wildest dreams. Okay, so maybe it won't be quite that spectacular but it will be worth having. Don't get carried away though. What took so much effort to acquire won't take much effort to lose.

Leo July 24 - Aug. 23 A feud that has taken up too much time and energy must be resolved. Today's planetary set-up will give you the courage to make changes. Hopefully others will accept them.

Virgo Aug. 24 - Sept. 23 You like to be in control but that may not be possible today. If you are smart you will let others take the wheel. Yes, you will enjoy the ride.

Libra Sept. 24 - Oct. 23 You need to scale down your ambitions a bit. Don't think of it as giving up things you like, think of it as make ing more room for things you love.

M Scorpio Oct. 24 - Nov. 22 If your private life is in a bit of a mess then now is the time to sort it out. The planets will help you make necessary changes but you have got to be honest with those you love. Don't just tell them what they want to hear.

Sagittarius Nov. 23 - Dec. 21 For some strange reason you seem to believe that you are not really good enough to compete at the highest level, but nothing could be further from the truth. You have so much talent at your disposal.

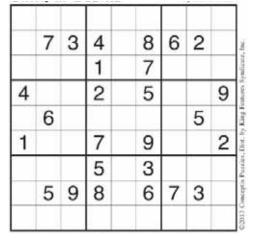
Capricorn Dec. 22 - Jan. 20 So many things are changing but the long-term results will be favourable. A week or so from now you will have a much more positive view of what is going on.

 Aquarius Jan. 21 - Feb. 19 Do everything in your power to get along with partners, colleagues and employers. You must to be willing to compromise, even if it means you get slightly less while they get more.

Pisces Feb. 20 - March 20 Personal matters are causing you a lot of concern and things are likely to come to a head when the Sun links with Saturn at the end of the week. Between now and then be good to yourself and get plenty of rest.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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